

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*英語で食育 6月の給食献立*</p> <p>毎月19日は 食育の日</p>	<p>1 Fun Menue</p> <p>牛乳 milk</p> <p>mix fruits</p> <p>naan (made in Fukuoka)</p> <p>put the curry on the naan</p> <p>beans curry</p>	<p>2</p> <p>牛乳 milk</p> <p>vinegered cucumbers and seaweed</p> <p>natto</p> <p>rice</p> <p>spicy meat and potatoes</p>	<p>3</p> <p>牛乳 milk</p> <p>soft cheese</p> <p>tossed five colors dish</p> <p>bread</p> <p>soup of tofu and seaweed (made in Ainosshima)</p>	<p>4 Oral Health Week Menue</p> <p>牛乳 milk</p> <p>Umeboshi</p> <p>boiled burdocks and beef</p> <p>rice</p> <p>pumpkin miso soup</p>
<p>7</p> <p>牛乳 milk</p> <p>cabbages and carrots with sesame vineger</p> <p>deep fried horse mackerel</p> <p>rice</p> <p>Chigae-style boiled miso</p>	<p>8 Oripara Menue (Germany)</p> <p>牛乳 milk</p> <p>fig jam</p> <p>Bratkartoffeln</p> <p>bread</p> <p>Eintopf</p>	<p>9 Contest Menue for junior high school</p> <p>牛乳 milk</p> <p>deep-fried tofu stir fry (Chinese family stvle tofu food)</p> <p>rice</p> <p>Mozuku seaweed soup</p>	<p>10</p> <p>牛乳 milk</p> <p>tuna and potatoes</p> <p>raisen bread</p> <p>summer vegetable soup</p>	<p>11 Contest Menue for junior high school</p> <p>牛乳 milk</p> <p>Mapo bamboo shoot</p> <p>rice</p> <p>glass noodles soup of pork born broth</p>
<p>14</p> <p>牛乳 milk</p> <p>acerola jelly</p> <p>put them on the rice</p> <p>two colors rice</p> <p>salty pork miso soup</p>	<p>15</p> <p>牛乳 milk</p> <p>apple jam</p> <p>almond salad</p> <p>bread</p> <p>pork beans</p>	<p>16 Chewing Menue</p> <p>牛乳 milk</p> <p>simmered Hijiki seaweed</p> <p>seasoned friied banded blue-sprat</p> <p>rice</p> <p>eggdrop soup</p>	<p>17</p> <p>牛乳 milk</p> <p>hamberger steak with tomato sauce</p> <p>rye bread</p> <p>corn chowder</p>	<p>18</p> <p>牛乳 milk</p> <p>asari clams boiled in soy</p> <p>bean sprouts with sesame vineger</p> <p>rice</p> <p>chicken and egg dish</p>
<p>21</p> <p>牛乳 milk</p> <p>seasoned dried sea slug</p> <p>stewed deep-fried tofu</p> <p>Chinese chop suey over the rice</p> <p>pour it over the rice</p>	<p>22 Local food of Okinawa</p> <p>牛乳 milk</p> <p>frozen pineapple</p> <p>shredded carrot</p> <p>small bread made with black sugar</p> <p>Okinawa soba</p>	<p>23 Vegetable Menue</p> <p>牛乳 milk</p> <p>potato Ivonnaise</p> <p>mix it with the rice</p> <p>dry curry with plenty of vegetables in Kitakyusyu</p>	<p>24</p> <p>牛乳 milk</p> <p>cocoa cream</p> <p>liver tossed with sweetened vineger</p> <p>wheat germ bread</p> <p>wonton soup</p>	<p>25</p> <p>牛乳 milk</p> <p>potatoes with plum pulp</p> <p>macherel boiled in sesame</p> <p>rice</p> <p>tofu soup</p>
<p>28</p> <p>牛乳 milk</p> <p>Almond and dried sea slug</p> <p>mixed with the rice</p> <p>chicken rice</p> <p>potato soup</p>	<p>29</p> <p>牛乳 milk</p> <p>watermelon</p> <p>vegetables with almond</p> <p>table roll</p> <p>Tuna sauce spaghetti</p>	<p>30</p> <p>牛乳 milk</p> <p>Hijiki seaweed furikake</p> <p>namul</p> <p>barley blended rice</p> <p>Chinese simmered food with tofu</p>	<p>6 June</p> <p>school Lunch Menue</p> <p>Matsugaekita elementary school</p>	